

# Sequoia Village

Welcome to the second issue of the Sequoia Village Newsletter, serving residents of Belmont, San Carlos, Redwood City, and Redwood Shores.



March 2015 Vol. 1 #2

## Upcoming Events

- Mar. 12, 2015  
10 – 11:30am  
**Information Session**  
San Carlos Adult  
Community Center  
601 Chestnut St., San  
Carlos
- Mar. 26, 2015  
1-2:30pm  
**Information Session**  
Twin Pines Senior &  
Community Center  
20 Pines Lane, Belmont
- Mar. 17, 2015  
7 – 8:30pm  
**Planning Group  
Meeting**  
Sequoia Healthcare  
District 525 Veterans  
Blvd., Redwood City
- Apr. 9, 2015  
10 – 11:30am  
**Information Session**  
San Carlos Adult  
Community Center  
601 Chestnut St., San  
Carlos

## Volunteering Benefits Everyone

In my many years of both volunteering and managing volunteers, I have been extremely fortunate to meet extraordinary people who are dedicated to generously giving their time and talents to assist others. The cycle is completed when they experience the gratifying feeling of being valued and appreciated by those they serve. Volunteers open their hearts and make a difference in the lives of others by filling their days with comfort, light, and laughter.

As we launch our recruiting efforts for Sequoia Village volunteers, an opportunity presents itself for you to give your talents and time in assisting seniors in your community. The hours you give now will be paid back to you in the future when you in turn decide to use the services of Sequoia Village.

*By Irene E. Liana, Co-Chair Volunteer/Services*



The mission of **Sequoia Village** is to enable its members to continue living in their homes and communities as they age by providing access to support services.



## VOLUNTEERS, SEQUOIA VILLAGE NEEDS YOU

## MEET A VOLUNTEER

- IF YOU WANT to make a difference in the life of a person in your community...
- IF YOU WANT to provide seniors, who could not otherwise meet their regular appointments, grocery visits, and social contacts, with the means to do so...
- IF YOU WANT to assist seniors to continue to live in their homes that they love and are comfortable in...

***Please join us by signing up for some of our many volunteer opportunities:***

- Driver
- Home Visitor
- Provide Support Services/Errands
- Light Home Repair
- Wellness Caller

We guarantee that your important life changing volunteer work will provide you with positive feelings, as well as bring joy and gratitude to the people you will be serving.

**Go to our website:**

[www.sequoiavillage.org](http://www.sequoiavillage.org)

**or call (650)260-4569 to become part of this exciting program in your community.**



It is said that if you want to get something done, ask the busiest person you know. For the past thirteen years, Nancy Agronin has been giving back to the community of San Mateo County in myriads of ways through her time and advocacy. Nancy is a founding member of Sequoia Village, working to ensure that all who desire it are able to stay in their homes as long as possible.

*“People live longer in their own surroundings. With the help of volunteers who will do something as simple as changing a light bulb, taking one to an appointment, or just to the grocery store or exercise class, [the] Sequoia Village gives aging persons opportunity to live normal, fulfilled lives... Sequoia Village will be a resource for a variety of services, filling a void for socialization rather than isolation.”*

Volunteers are committed to helping individuals to age in place, living vibrant and healthy lives in their homes and communities. In her busy life, Nancy Agronin is dedicated to making this happen.

*By Nancy Grandfield,  
Newsletter Co-Chair*

## Sequoia Village Chairs and Committees

### Sequoia Village

#### Co-Chairs

Scott McMullin

Victoria Kline

### Ambassador Chair

May Ratiu

### Outreach Chair

Victoria Kline

### Fundraising Chair

Jerry Patrick

### Newsletter Chairs

Nancy Grandfield

Ryan Keller

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## Upcoming Agenda

- |      |                           |
|------|---------------------------|
| Mar  | Business Plan<br>Complete |
|      | Recruit<br>Volunteers     |
| Apr  | Membership<br>Drive       |
| May  | Beta Test<br>Services     |
| July | Sequoia Village<br>Launch |



Home is where we create memories, impact our community and interact with our neighbors. And yet, as we have become an independent-minded society, it has become difficult to stay connected. Neighbors helping neighbors is a way to bring back community and the 'Village Movement' has come to exist for this precise purpose. It is a movement that supports the idea that aging in our own homes and community is the desire for many of us.

Communities across the nation are creating organized membership organizations (non-brick

and mortar groups) that support older adults who wish to lead active, vibrant and healthy lives, with access to resources and a connection to their neighbors; they call this a 'Village.' In our own backyard, volunteers are working diligently to breathe life into the 'Sequoia Village.' Bringing together like-minded individuals who value independence, connectedness and well-being as they age, the Sequoia Village invites *you* to join the movement, and be part of the action in your own community. We look forward to seeing you at one of the next information sessions to learn more about what successful aging means to you!

*By Ryan Keller, Co-Chair  
Newsletter Committee*



## Sequoia Village Needs You (and you will need us)!

We are ramping up for our July opening and are looking for volunteers, drivers, handy-persons, and whoever finds fulfillment in helping others. Your participation will be critical to the success of Sequoia Village.

Contact us.

650-260-4569

[info@sequoiavillage.org](mailto:info@sequoiavillage.org)

We are very grateful for the support received from the **Sequoia Healthcare District** and **Peninsula Family Service** during the early months of developing Sequoia Village.

## Sequoia Village

P.O. Box 813  
San Carlos, CA 94070

## Resident

Address